



Diocese of Birmingham
www.birminghamdiocese.org.uk
Registered Charity No. 234216

Archdiocese of Birmingham
ST MARY'S THE MOUNT
Roman Catholic Church
Vocationists
WALSALL

www.stmarysthemount.co.uk
Telephone: 01922 622633



Vocationists
www.vocationist.org
Registered Charity No. 1135796

St. Mary's The Mount Parish Family Wishes You All A Warm Welcome

Parish Priest: Fr. Salvatore Musella, SDV

Brothers: Nelson, SDV, Ritche, SDV

Parochial Vicar: Fr. Justin Karakadu, SDV

Community Member: Fr. Roy Kottakkupuram, SDV

Formator & Assistant Priest, Manor Hospital

St. Thomas of Canterbury: Priest in Charge &

RC Chaplain: Fr. Jobin Kollappallil, SDV

Manor Hosp. RC Chaplain: Fr. John Villarete, SDV

What is Lent?

Lent is the forty-day liturgical season of fasting, special prayer and almsgiving in preparation for Easter. The name 'Lent' is from the Middle English 'Lenten' and Anglo-Saxon 'Lenten', meaning 'spring'; its more primitive ecclesiastical name was the 'forty days,' *tessaracoste* in Greek. The number forty is first noted in the Canons of Nicaea (A.D. 325), likely in imitation of Jesus' fast in the desert before His public ministry (with Old Testament precedent in Moses and Elijah). By the fourth century, in most of the West, it referred to six days' fast per week of six weeks (Sundays were excluded); in the seventh century the days from Ash Wednesday through the First Sunday were added to make the number forty.

Days of Abstinence: No meat can be eaten on Ash Wednesday and all of the Fridays during Lent. This applies to all Catholics aged 14 and above.

Days of Fast: Only one full meal is permitted on Ash Wednesday and Good Friday for Catholics between 18 and 59. Two smaller meals are permitted, but the small meals should not equal a second full meal. Drinking coffee, tea and water between meals is allowed. Snacks between meals are not allowed.

What are you doing for Lent this year?

Ask Catholics what they're doing for Lent this year, and they'll probably tell you that they are giving up a favourite food, a favourite pastime or anything else that they really love but which isn't essential in their lives.

Giving up something for Lent fosters self-discipline and tempers our desires. It is a form of fasting. It is a form of penance. It promotes spiritual growth. If you're giving up something for Lent, that's great. But think also about the possibility of doing something positive to bolster your spiritual life and make the world a better place. Look for ways that you can increase your knowledge of your faith, strengthen your spiritual life or perform special acts of mercy and kindness at home, at work, in your parish or in your community.

Lenten prayers and devotions

- ❖ Begin each morning with the prayer: "Lord, I offer you this day, and all that I think, and do, and say."
 - ❖ Attend Daily Mass as often as possible.
 - ❖ Pray the Sorrowful Mysteries of the Rosary.
 - ❖ Make the Stations of the Cross at home or in a parish celebration.
 - ❖ Read Scripture for 10 minutes every day.
 - ❖ Pray the Seven Penitential Psalms (Psalm 6, 31, 50, 101, 129 and 142).
 - ❖ Spend some time in quiet prayer before the Blessed Sacrament.
 - ❖ Abstain from meat for an extra day or two each week.
 - ❖ Listen to spiritual music or a spiritual speaker.
- ❖ Keep a Lenten journal with your spiritual insights, special intentions, people you want to pray for, hurts and disappointments that you want to offer up and progress reports on your Lenten resolutions.

Welcome, everyone, to this Holy season!

INFORMATION

- **COLLECTIONS:** Last Sunday - £1202.68. (Standing orders: £766, Offertory & Gift-Aid envelopes: £438.68) Third World collection: £28.57. The value of your donations is increased when it is gift-aided. Counting Team this week: C (Next week: D). This weekend there will be a second collection for Cathedral Maintenance.
- **RCIA Programme 2018/2019:** The next session of our Come & See programme will be on **Monday 4th March at 7:45pm** in the Parish Centre. The topic for this session is '**Saints**'. Everyone is welcome.
- **Mass Times:** Please check Page 4 of the newsletter for any changes to Mass times this week.
- **Ash Wednesday:** Ash Wednesday is observed as a day of penance in the whole Church, a day of fasting and abstinence. Please make it a priority for you and your family to attend Mass on Ash Wednesday.
- **Lenten Lunchtime Services:** Walsall Town Centre Ministry have arranged a series of Lunchtime Services, which will take place at St. Paul's Church in the town centre every Wednesday during Lent. Light lunches will be served from 12:30pm and the service/talk will begin at 1:10pm. The theme for this year is 'Chaplaincy'.
- **Parish Retreat:** Our parish retreat will take place in the parish centre on **Saturday 6th April** from 10am to 1pm. Our guest presenter will be **Monsignor Daniel McHugh**. Everyone is welcome so please make a special effort to join us in our Lenten preparation. Please sign the list at the back of church if you are able to attend on this day.
- **First Holy Communion Preparation:** Please see the list at the back of church as a reminder of the Mass you have chosen for your child's First Holy Communion. If there are any problems, please speak to one of the priests as soon as possible. The next session, for children only, will be on Monday 11th March in the parish centre. This session will focus on preparation for First Confession.
- **Readers:** The new rota can be collected from the sacristy this weekend.
- **Service to our Parish:** Many thanks to all who have offered their service. Your support is greatly appreciated. If anyone else has a completed form, please return it to one of the priests as soon as possible so that we can add your name to our parish teams. If you have mislaid your sheet, please ask for another.
- **RIP:** Please pray for the soul of Hazel McKenzie who died on 7th February. May she rest in peace. She will be received into church at 4pm on Thursday 7th March and her Requiem Mass will be celebrated at 10am on Friday 8th March. Please keep her family in your prayers.
- **RIP:** Please pray for the soul of Doreen Phipps (Peggy) who died on 15th February. A memorial Mass celebrated in Maryvale on Monday 11th March at 10am. We welcome all her friends to this Mass. May she rest in peace.
- **RIP:** Please pray for the soul of John Hanley who died on Tuesday 26th February. He will be received into church at 4pm on Thursday 21st March and his Requiem Mass will be celebrated on Friday 22nd March at 11:15am. Please keep his family in your prayers.
- **RIP:** Please pray for the soul of Malcolm Flaherty who died on Thursday 28th February. He will be received into church at 4pm on Wednesday 20th March and his Requiem Mass will be celebrated on Thursday 21st March at 9:45am. Please keep his family in your prayers.
- **Memorial Garden:** The work on the memorial garden is almost completed. Thank you to everyone who has supported this project. If there anyone else willing to donate £100 towards the cost, please speak to one of the priests and complete one of the forms which you can find at the back of church. In return, a Mass for the repose of the soul of a loved one (or even yourself) will be said on the anniversary of the death, **for five successive years.**
- **General Parish Information:** Please see the poster at the back of church, and also on the noticeboard outside church, for general parish information.
- **Refreshments:** Everyone is invited to join us for refreshments, in the Pastoral Centre, on **Thursdays after 10am Mass and on Sundays after 9am Mass.**

- **Vacancy for Headteacher:** St. Edmund Campion Catholic School and Sixth Form Centre wish to appoint a headteacher with effect from 1st September 2019, due to the retirement of the current headteacher. For further details, please contact Mary Finnegan, PA to the headteacher, on 0121 464 7040. Please see the poster in the porch for more details if you are interested.
- **School News:** Learned and wise is the value and virtue we are reflecting on this half term in school. Saints are known to be ‘Learned and Wise’. The stories of our class saints not only help us to understand what we can do to spread the word of God but how we can be more open to understanding and accepting the responsibility of our faith after confirmation. With this in mind I ask you to pray for the Confirmandi from our school and Parish who will be confirmed on April 10th.
Catherine Amos Head Teacher

IMPORTANT DATES FOR YOUR 2019 CALENDAR

Sacrament of Confirmation	Wednesday 10th April - 7pm
First Holy Communion	Sunday 12 th May - 9am
First Holy Communion	Sunday 12 th May - 11:30am*
First Holy Communion	Sunday 19 th May – 11am

Prayer for Vocations

Divine Jesus, Son of the eternal Father and Mary Immaculate, grant many of the faithful true generosity in following your call and bestow on them the grace of your Holy Spirit to persevere in overcoming all obstacles to their vocations. Give the church in this Diocese and throughout the world many holy priests and fervent religious. Through the intercession of the Most Blessed Virgin Mary, all the Angels, Blessed Justin and all Saints, we humbly ask you to hear our prayers and multiply the ministries by which we may serve one another in faith and love. **Hail Mary.....**

Prayer after Communion

“O my God and my all, Father, Son and Holy Spirit, may your will be done, your love reign, your glory shine always more in me and in everyone as in yourself, O my God and my all.” **Bl. Fr. Justin**



Prayer for Priests – Prayer of St. Theresa of the Child Jesus

O, Jesus, eternal Priest, keep your priests within the shelter of your Sacred Heart, where none may touch them. Keep unstained their anointed hands, which daily touch your Sacred Body. Keep unsullied their lips, daily purpled with your Precious Blood. Keep pure and unearthly their hearts, sealed with the sublime mark of the priesthood. Let your holy love surround them and shield them from the world’s contagion. Bless their labours with abundant fruit and may souls to whom they minister be their joy and consolation here – and in heaven their beautiful and everlasting crown. Amen.

Mary, Queen of Priests: **Pray for us.** Blessed Fr. Justin: **Pray for us.**

Saturday 2 nd	6:00pm	Ch	Pro Populo	
Sunday 3 rd	9:00am	Ch	James Donnellan <i>RIP</i>	Paul Donnellan
8th Sunday in Ordinary Time Day for the Unemployed	11:00am	Ch	Past Members of the Choir	M & N Tomkins
	7:00pm	Ch	John Hanley <i>RIP</i>	Parish
*Monday 4 th	10:00am	MV	John James Kelleher <i>RIP</i>	J Kelleher & Family
St. Casimir	6:30pm	Ch	Holy Rosary	P Moore
	7:00pm	Ch	Gwen Bush <i>RIP</i>	
*Tuesday 5 th	10:00am	Ch	Peggy Phipps <i>RIP</i>	P Power
	6:30pm	Ch	Samuel Horton <i>B</i>	S & J Parker
	7:00pm	Ch	Holy Rosary	Parish
			Christine Mary Slater <i>RIP</i>	
*Wednesday 6 th	9:30am	Ch	Ash Wednesday Parish Mass	
Ash Wednesday	11:15am	SCH	Whole School Mass	
	6:00pm	Ch	Adoration for Vocations	
	7:00pm	Ch	Ash Wednesday Parish Mass	
*Thursday 7 th	10:00am	Ch	Josie Kelleher <i>TH, 87th B'day</i>	Francis & Kelleher
Ss. Perpetua & Felicity Martyrs	4:00pm	Ch	Reception of Hazel McKenzie	Families
	6:30pm	Ch	Holy Rosary	
	7:00pm	Ch	Holy Souls	
*Friday 8 th	10:00am	Ch	Requiem Mass for Hazel McKenzie <i>RIP</i>	
St. John of God Religious	6:15pm	Ch	Stations of the Cross	
	7:00pm	Ch	Holy Souls	
Saturday 9 th	10:00am	Ch	Peggy Small <i>RIP</i>	M & D Powell
St. Frances of Rome Religious	10:30am	Ch	Adoration & Confession	
	11:15am	Ch	Benediction	
	6:00pm	Ch	Holy Souls	
Sunday 10 th	9:00am	Ch	Essie Umusu <i>B</i>	M Umusu
1st Sunday of Lent Day of Prayer for Candidates for the Sacraments	11:00am	Ch	Neta <i>TH 14th B'day</i>	
	6:15pm	Ch	Stations of the Cross	
	7:00pm	Ch		

C=Conversion, RIP=Rest in Peace, DA=Death Anniversary, S=Sick, B=Birthday, TH=Thanksgiving, WB=Well-Being, H=Healing, SI=Special Intention, PC=Parish Centre, M=Marriage, WA=Wedding Anniversary, Ch=Church, MV=Maryvale, SCH=School

Let us pray for those who are sick:

Clare Gontarek, Anna Morgan, Marie Hornblower, Eileen Moseley, John Bush, Judith Dunthorne, Peggy McGill, Patricia Davies, Angela Gonsalves, Mary Gallagher, Margaret Powell, Anne Jennings, Matthew McGill, Dr. Petroc Willey, Lee Chit Wei, Margaret Abbot, Susan Naughton, Mrs K Carter, Carol Callaghan.

READERS

Mass	This Weekend	Next Weekend
6pm	Mrs J Gribble & Mrs D Powell	Mrs A D'Silva & Mr D Tranter
9am	Mrs L Bacallan & Mr J Nelson	Mr P Donnellan & Miss M Byers
11am	Mrs R Parkes & Mr T Tong-Sweeney	School Mass
7pm	Mr J Heavin & Miss A Vincent	Miss V Fenlon & Mrs C Ayap